

Slovenian Medical Association



Invitation to the
International Symposium

SAY NO TO PAIN:
How clinical decisions shape treatment outcomes

Date:
22 October 2026

Organiser:
Slovenian Medical Association

Speaker and moderator:

Prof. Bart Morlion, MD, PhD, DEAA, EDPM
Former President of the European Pain Federation EFIC
Director of the Leuven Centre for Algology, *Belgium*
Professor of Anaesthesia at the Department of Cardiovascular Sciences,
Anaesthesiology and Algology Unit, University of Leuven, *Belgium*

Speakers:

Assoc. Prof. Martin Rakuša, MD, PhD
Head of the Medical Research Department and consultant neurologist at the Division of Neurology,
University Medical Centre Maribor, *Slovenia*

Assoc. Prof. Indre Bileviciute-Ljungar, MD, PhD, EDPM
Consultant in pain medicine
Associate Professor of physical and rehabilitation medicine at Karolinska Institutet,
Department of Physical and Rehabilitation Medicine, Pain Rehabilitation Unit,
Danderyd University Hospital, *Sweden*

Venue:
Novo mesto, Slovenia

SCIENTIFIC PROGRAMME

Thursday, 22 October 2026

Round table discussion among invited speakers

11:00–11:30

Precision acute pain management: decisions that shape long-term outcomes

- The importance of lifestyle
- The first decision that can echo for months
- Patient-tailored, opioid-sparing step-up plan
- Multimodality and communication – treatment components not add-ons

Round table discussion among invited speakers

11:30–12:20

Recognising and acting during the transition from acute to chronic pain

- When pain no longer behaves as acute pain
- Early recognition of mixed/nociplastic pain and prevention of chronification
- Identifying the need for timely treatment course correction

12:20–13:05

Coffee break

Round table discussion among invited speakers

13:05–13:55

Breaking the cycle of chronic pain and disability

- Chronic pain phenotypes: what maintains pain and disability?
- From pain scores to informed treatment decisions
- Movement and rehabilitation as treatment amplifiers

13:55 –14:10

SATELLITE SYMPOSIUM (Krka d. d., Novo mesto)

Each round table discussion is built around specific clinical cases and focuses on strengthening clinical reasoning and decision-making in daily practice.